

# Menus for January 2024



**Park Forest  
Middle School  
Mt Nittany  
Middle School**

**Lunch - \$3.00    Breakfast - Free!**  
**Entree - 2.25    Side - \$.85/\$1.25    Milk - \$.70**

## Breakfast

available in the school lobby at the start of the day

### Choose 1 Entree

Coffee Cake (M)    Mini Cinnis (M/F)    Bagels (T/Th)  
Pumpkin & Banana Bread (T/Th)    Cinnamon Rolls (W)    Muffins (W/F)  
Whole Grain Poptarts    Assorted Cereal

### Choose 1 Fruit & 1 Juice

Apples    Bananas    Craisins    100% Juice

### Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.

## Grab & Go

Available on All Lines

PB&J Sandwich (Daily)

Yogurt Parfait (Daily)

Hummus & Pita Chips (Mon-Tues)

Caesar Salad & Roll (Tuesday)

Deli Turkey Sub & Fritos (Thursday)

## Lunch Box

Mon, 1/1 - Happy New Year! - No School Today  
Tue, 1/2 - Bacon Cheeseburger  
Wed, 1/3 - Mac & Cheese Bowl - with Pulled Pork  
Thu, 1/4 - BBQ Chicken & Corn Bread <Cookie>  
Fri, 1/5 - General Tso's Chicken & Rice

Mon, 1/8 - Popcorn Chicken & Breadstick  
Tue, 1/9 - Toasted Turkey, Bacon & Cheese Sub  
Wed, 1/10 - Chicken Alfredo & Garlic Brdstk  
Thu, 1/11 - Broccoli Soup or Chili & Baguette  
Fri, 1/12 - 2 Beef Tacos <Cinnamon Churro>

Mon, 1/15 - No School Today!  
Tue, 1/16 - No School Today!  
Wed, 1/17 - Pepperjack Ciabatta & Tomato Soup <Goldfish>  
Thu, 1/18 - Roast Chicken & Biscuit  
Fri, 1/19 - French Toast & Sausage

Mon, 1/22 - Popcorn Chicken & Roll  
Tue, 1/23 - Shaved Roast Beef Sandwich  
Wed, 1/24 - Lasagna & Breadstick <Sorbit>  
Thu, 1/25 - Chicken Cheesesteak  
Fri, 1/26 - Sloppy Joe & Fritos

Mon, 1/29 - Popcorn Chicken & Biscuit  
Tue, 1/30 - Chicken & Waffles  
Wed, 1/31 - Fiesta Chicken Pasta & Breadstick <Cookie>  
Thu, 2/1 - Broccoli Soup or White Chili & Baguette  
Fri, 2/2 - Buffalo Dip & Chips

Payments can be made online at [www.myschoolbucks.com](http://www.myschoolbucks.com) or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.

Choose an entree. Complete your meal with 2 vegetable sides, a serving of fruit, and milk.




Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

### Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)  
Steamed or Baked Vegetables (Monday)    Hummus (Monday)  
Tossed Salad (Tues-Fri)    Fries/Hashbrowns (Tues)  
Baked Potatoes (Thursday)  
Whole Fruits    Canned & Frozen Fruit    Juice (M & F)



## Pizza & Pasta

Monday - Big Daddy's Pizza   
Tuesday - French Bread Pizza  
Wednesday - Italian Dunkers   
Thursday - Big Daddy's Pizza  
Friday - Pasta & Meatballs w/ Breadstick 

## Grill



### Available Daily

Hamburger    Cheeseburger    Chicken Sandwich

Monday - Impossible Burger

Tuesday - Cheese Pretzel

Wednesday - Hot Dog (beef & turkey)

Thursday - Cheese Pretzel

Friday - Hot Dog (beef & turkey)